

USA HOCKEY

OUR TOP PRIORITY IS PROVIDING THE SAFEST ENVIRONMENT FOR YOUR CHILD.

USA Hockey is focused every day on providing a safe environment for kids. And only USA Hockey brings you a level of safety and protection that includes the following:

- background checks for those dealing with kids, including coaches and officials
- extensive coaching education programs and officials' training
- a locker room supervision policy
- a comprehensive insurance program specific to hockey
- a safety committee featuring some of the nation's top doctors
- leadership in concussion prevention

AFTER ALL, KEEPING KIDS SAFE IS ALWAYS OUR NUMBER ONE GOAL.

"USA Hockey is a sports leader in supporting research and safety initiatives that enhance the protection and safety of everyone playing hockey. As a parent myself, it gives me great comfort knowing that USA Hockey has a focus on the well-being of players and all those involved in the game like no other organization."

DR. MICHAEL STUART
 CHIEF MEDICAL OFFICER, USA HOCKEY
 CO-DIRECTOR, SPORTS MEDICINE CENTER, MAYO CLINIC

TO LEARN MORE ABOUT WHAT SETS USA HOCKEY APART, HEAD TO USAHOCKEY.COM

WE DON'T JUST LIVE AND BREATHE HOCKEY. WE ARE HOCKEY.

PARTNERS IN THE GAME

IMPORTANT INFORMATION

To establish an effective coach-athlete relationship and to maximize satisfaction for each player, coaches must take into consideration the level of each athlete's physical, mental, social, and emotional development. Always remember these four important points:

- ✓ **Each athlete is unique and, therefore, each mature at a different rate.**
- ✓ **For each athlete the four areas of development will mature at different rates.**
- ✓ **Each player is an adolescent first and an athlete second.**
- ✓ **Design guidelines to meet the developmental needs of your players.**

New Information

Coaches please check here from time to time for new information that will help you through the season. I would like to add drills that coaches feel are some of their favorites. Any drills can be sent to me and I will post them from the coach that sent it to me. I am also hoping to send a link to a template that can be used in Microsoft Word to draw drills on the computer.

Safety Tip

Please remember to watch the Mite Players that are waiting to get on the ice while on the benches. The Zamboni passes very close and the young players are not aware they can be injured.