



Hello Cambridge Lacrosse Family,

There has been a lot happening behind the scenes to improve **YONA** - the Cambridge Bears Summer Lacrosse program. First, we would like to welcome Jason Alberici to the **YONA** family. Jason is a former college player and has over 20 years' experience coaching and running lacrosse programs. Jason will help run all aspects of the program, so we can better deliver on the **YONA** mission to make Cambridge HS and Youth Lacrosse the premier programs in the country.

We have also finalized many of the details for the 2018 summer season, continue to make website improvements, and have added some great new coaches for the summer of 2018.

#### **Details about the 2018 YONA Summer Season**

We are excited to have several great coaches already committed to working with the **YONA** program in 2018. The coaching staff will include Darius Bowling, former college player and current defensive coordinator at Cambridge High, Doug Blohm, former college player and current Cambridge JV Coach, and Mike Beirne, former college player and Cambridge Youth Sr Select Coach. Coach D and Coach Alberici will also be involved with all on-field player development. We will continue to add coaches with the goal to have an adult coach lead every team and be assisted by Cambridge alumni.

In 2018, **YONA** will field two teams of returning high school players (a varsity and JV) and youth teams based on grade. We will have teams for rising 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> graders. We will start practice the week of May 21, 2018 giving us two weeks of player development prior to the first tournament the weekend of June 2<sup>nd</sup> and 3<sup>rd</sup>. Each team will practice twice a week and play in tournaments on the weekend. We will again attend three local tournaments and one tournament that is driving distance

(requiring overnight stay) and have the season completed the weekend of June 23<sup>rd</sup> and 24<sup>th</sup>.

The tournaments that we are planning to attend are as follows:

June 2/3 – Trilogy Atlanta Tournament, Kennesaw GA

June 9/10 – NXT Summer Jam, Kennesaw GA

June 16/17 – Southern Open, Peachtree City GA

June 23/24 – Warrior Summer Sizzler, Charlotte, NC

Registration for the 2018 **YONA** program will open on November 15<sup>th</sup> and will have tiered pricing. Anyone that registers prior to February 1, 2018 will pay a discounted price of \$800, after February 1<sup>st</sup> the cost will increase to \$950.

Finally, we will have a parent meeting on Tuesday November 28<sup>th</sup> at 7:30 pm in the Cambridge High School cafeteria. We welcome everyone that is interested in learning about **YONA** to join us for this question and answer session.

We are looking forward to making **YONA** the premier summer program in the country that competes at the highest level and improves the Cambridge High School and Youth Programs. Please let us know if you have any questions or need any additional information. We look forward to a great summer of lacrosse!

All the best,

Coach D ([310-740-5265](tel:310-740-5265)) and Coach Alberici ([404-402-8695](tel:404-402-8695))

Visit our website [www.yonalacrosse.com](http://www.yonalacrosse.com)

Follow us on Twitter [@YonaLacrosse](https://twitter.com/YonaLacrosse)

Please use [YonaLacrosse@gmail.com](mailto:YonaLacrosse@gmail.com) for all Summer related questions.



*Yona Lacrosse*

Summer Home of **Cambridge** Lacrosse